PALOMAR HEALTH
Corporate Health Services

FOR WORK-RELATED INJURIES, PLEASE VISIT ONE OF OUR
CORPORATE HEALTH SERVICES LOCATIONS:

❶ POWAY

Monday – Friday: 8 a.m. – 5 p.m.
(Last patient must be registered by 4:30 p.m.)

15611 Pomerado Road, Suite 580, Poway, CA 92064

📞 **858.613.6280**

* Modified Hours on Some Holidays

❷ ESCONDIDO

Monday – Friday: 8 a.m. – 5 p.m.
(Last patient must be registered by 4:30 p.m.)

2125 Citracado Parkway, Suite 130, Escondido, CA 92029

📞 **760.510.7373**

* Modified Hours on Some Holidays

AFTER HOURS URGENT CARE

Arch Health Medical Group

❸ POWAY

15611 Pomerado Road
3rd Floor, North
Poway, CA 92064
858.675.3200
Daily: 9 a.m. – 8 p.m.
(Located in Pomerado
Outpatient Pavilion adjacent
to Pomerado Hospital)

❹ RAMONA

211 13th Street
Ramona, CA 92065
760.789.5174
Monday – Friday:
12 – 7 p.m.
Saturday: 9 a.m. – 4 p.m.
*** Modified Hours on
   Some Holidays**

24-HOUR EMERGENCY CARE

❺ ESCONDIDO

**Palomar Medical Center
Escondido
Emergency Department**
2185 Citracado Parkway
Escondido, CA 92029
442.281.4444

❻ POWAY

**Palomar Medical Center
Poway
Emergency Department**
15615 Pomerado Road
Poway, CA 92064
858.613.4000

After Hours and Weekends Life or Limb Threatening Emergencies: Call 9-1-1

Note: Substance abuse testing is NOT supported by the Emergency Department. Employees will need to be sent to Corporate Health the next business day for this service. If a Post Accident Drug Test or Breath Alcohol Test is needed after hours or on the weekend, we have a relationship with **Drug Testing Network (800.989.1206)** who will assist you.