Return to SCHOOL

COVID SAFETY HANDBOOK

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Dear FUESD Families,

We want to thank you for your understanding, your patience, and your resilience during this truly world-shifting pandemic. We will continue to work together, united as one community, to weather this challenging season.

Our district has worked diligently to develop plans to safely and effectively reopen our schools. Following the California Department of Public Health (CDPH) guidelines and the most recent San Diego County Public Health Orders, this document serves to provide FUESD schools and families with information to support a safe return to school.

Please note that this document is based on the most current data and knowledge and as guidelines and mandates continue to change so will FUESD’s response to maintain a safe and healthy school environment.

Most sincerely,

Dr. Candace Singh,
Superintendent FUESD Schools
OUR VALUES AND COMMITMENTS

FOLLOW PUBLIC HEALTH GUIDELINES

SUPPORT SOCIAL AND EMOTIONAL HEALTH

EFFECTIVE LEARNING SYSTEMS

PROVIDE COMMUNICATION AND ENGAGEMENT
LEARNING CHOICES

TWO CHOICES

BLENDED LEARNING

• Combination of face-to-face and distance learning
• 2 days at school / 3 days at home
• M/W or T/Th A/B schedules
• Blend of real-time learning with teacher and independent learning
• Extra support for students most in need
• Contact with classroom teachers everyday

100% ONLINE LEARNING

• Daily instruction/work for all students required
• Blend of real-time learning with teacher and independent learning
• Continued tech support to ensure student access
• Extra support for students who need it most
### BLEND LEARNING

#### TK-6 A/B WEEKLY SCHEDULE

Students will be assigned to either Group “A” or “B” with the goal being to schedule students of the same family in the same group.

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#### BLEND LEARNING

#### 7-8 A/B WEEKLY SCHEDULE

Students will be assigned to either Group “A” or “B” with the goal being to schedule students of the same family in the same group.

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ALTERNATE LEARNING CHOICES

FALLBROOK VIRTUAL ACADEMY
TAUGHT BY FUESD TEACHERS

• Daily instruction and independent work required
• 5 days a week online
• Schedule created by FUESD teachers
• Tech support for students and parents
• Extra support for students most in need

LEARN MORE AT: FVA.FUESD.ORG

FALLBROOK HOMESCHOOL ACADEMY
TAUGHT BY PARENTS

• Option for new and continuing homeschool students
• 5 days a week at home
• Flexible schedule based on family needs
• Weekly check-ins with FUESD teacher
• Must meet requirements to participate

LEARN MORE AT: FHA.FUESD.ORG
HEALTH AND SAFETY FOR IN-PERSON LEARNING

The health and safety of our students, staff, and families are always our highest priority. Due to new health and safety guidelines from the California Department of Public Health, the 2020-21 school year will look much different than in previous years. FUESD will continue to focus on academic instruction, as well as programs that are crucial for the mental, social, emotional, and physical well-being of students.

WORKING TOGETHER, WE CAN KEEP OUR STUDENTS AND STAFF SAFE.

SCREENING AT HOME

- Parents/guardians are required to screen their children for symptoms such as cough, shortness of breath, runny nose and fever at home before coming to school.

- Anyone with a fever of 100°F or more should not go to a school site. Those experiencing symptoms including persistent cough, shortness of breath, or runny nose should not attend school, even if no fever is present.

- Staff members are required to self-screen and complete a daily temperature check prior to entering an FUESD site.
ARRIVING AT SCHOOL

- Teachers will visually screen students for signs of illness as students arrive in class.
- Arrival/departure times and campus entry points will be strategically managed to allow for appropriate physical distancing.
- Physical barriers have been installed in areas where face-to-face interaction with the public occurs.
- School sites have signage throughout campus to encourage physical distancing and proper sanitation.
- Staff will be tested regularly, in compliance with CDPH guidelines, as practicable and lab testing capacity allows.

WHEN SYMPTOMS PRESENT

1. Apply appropriate PPE and isolate staff or student in designated room until sent home.
2. Recommend to staff or students that they reach out to health care provider for instructions, and potential COVID-19 test.
3. FUESD Human Resources will immediately assist.
4. Student/Staff will quarantine for 14 days.
5. District personnel will help to identify potential “Close Contacts” (individuals closer than 6 feet with or without a mask for a cumulative 15 minutes in one day).
6. District will follow SD Public Health protocols and procedures for communicating with appropriate groups/people.
WHAT TO EXPECT AT SCHOOL

PERSONAL PROTECTIVE EQUIPMENT & SAFETY PROTOCOLS

HAND HYGIENE

• Staff have been trained on proper hand hygiene, including hand washing and use of hand sanitizer (CDC: Handwashing: Clean Hands Save Lives).

• Students will be trained on proper hand hygiene, including hand washing and use of hand sanitizer.

• Students will be instructed to wash or sanitize their hands upon arrival at campus gates and reinforced daily with time allotted to wash hands regularly.

PHYSICAL DISTANCING

• Schools have developed plans to support physical distancing, such as removing excess furniture in classrooms and mapping for traffic flow for students on campus.

• Student workspaces have been arranged with consideration for maximum physical distancing, following public health recommendations.

• Smaller class sizes have been created to promote physical distancing.
PERSONAL PROTECTIVE EQUIPMENT & SAFETY PROTOCOLS

FACE-COVERINGS

- The California Department of Public Health (CDPH) safety protocols for schools require students in grades 3-12 to wear a face-covering throughout the school day.

- The CDPH strongly recommends students two years old to 2nd grade to wear a face-covering. Therefore, given this new mandate/recommendation, FUESD schools will be asking students in T-K through 2nd grade to wear a face covering, unless they have an exemption from their doctor.

- Health data collected through this pandemic shows that having students and staff wear face-coverings strongly decreases the possibility of COVID transmission, especially while indoors.

CHECKING FOR SYMPTOMS

- School staff will consistently be visually screening students for the following symptoms:
  - Fever with or without chills
  - Cough, Shortness of Breath
  - Sore throat or Nasal Congestion
  - Nausea, vomiting, diarrhea
  - New loss of taste or smell
  - Headache, Fatigue,
  - muscle aches
The COVID-19 Decision Tree, a collaborative effort between the San Diego County Office of Education and San Diego County Public Health, is designed to assist school personnel in making decisions on how to handle students or staff members who become ill or present symptoms while at school. The Decision Tree will be updated based on the latest public health guidance. Please check back frequently for the most current version.

**COVID-19 Symptom Decision Tree**

At school, student or staff member develops any one of the following signs or symptoms:
- Fever with or without chills/rigors (fever defined as T >100.0 that does not resolve within 30 min. without medication)
- Cough
- Shortness of breath
- Nasal congestion/rhinorrhea (runny nose)
- Sore throat
- Nausea, vomiting, or diarrhea
- Fatigue
- New loss of taste/smell
- Headache
- Muscle or body aches
- Poor feeding or poor appetite

* Disregard this symptom if school personnel already aware of a chronic, pre-existing condition that causes the symptom. The nature of the presenting symptom (e.g., duration, intensity) must be consistent with the underlying chronic condition.

**ACTION:** Apply appropriate PPE; isolate student/staff member until sent home; recommend they reach health care provider for instructions.

Note: Other infections can cause some symptoms (e.g., flu, strep, etc.) but these do not rule out COVID-19 as co-occurring

**STUDENT / STAFF TO STAY HOME UNTIL...**

**Positive**
- Identify all close contacts (as defined by CDC). Identify all cohorts (class, bus, clubs, etc.) Quarantine and exclude close contacts (and work with public health on decision to exclude entire cohort) for 14 days after last date case present.
- If note from MD/DO/NP/PA, or public health defines case as presumed COVID-19 virus (based on symptoms and circumstances), then: (a) consider notifying staff and parents of class (or bus, etc.) of potential exposure; and (b) in conjunction with public health, exclude “close contacts” (using CDC definition) for 14 days from last day of exposure.
- Isolate the case. May return when: (a) 24 hours without fever (no meds) and (b) symptoms are improving and (c) at least 10 days from symptom onset or test date.
- May return to school immediately
- Consider individualized student health plan to prevent any future unnecessary dismissals.

**Negative**
- Proof of negative test required.
- May return 72 hours after symptoms resolved.
- Consider notification to school community
- Notification to school community of a known case
- Retested or Not Retested *Proof of negative test not required

**With PCR COVID-19 viral test (Not antibody test; not antigen test)**

**Without PCR Covid-19 viral test**

**Note from healthcare provider re: chronic illness**

A signed note from a licensed MD/DO/NP/PA (who manages that condition) must confirm the chronic diagnosis (i.e., cites labs, date-of-record when diagnosed); include provider’s contact information; explain how symptoms are unrelated to COVID-19; and be accompanied by signed consent for school to interact with MD/DO/NP/PA.
MAINTENANCE AND OPERATIONS

THE FUESD FACILITIES TEAM HAS WORKED TO CREATE THE SAFEST LEARNING ENVIRONMENT POSSIBLE.

DISINFECTION AND SANITATION

• Regular disinfection of shared classroom items such as tables and chairs.
• Disinfect high-touch surfaces regularly throughout the day.

AIR FILTRATION

• All units have been upgraded with anti-microbial filters.
• Upgrading to MERV-13 filters with all applicable units.

PERSONAL PROTECTIVE EQUIPMENT FOR STAFF

• All students and staff are required to wear fabric face coverings unless prevented due to health conditions or instructional/communication needs. Additional disposable masks and gloves are also available, as needed.

TOUCH-LESS HAND SANITIZING STATIONS

• Hand sanitizing stations have been installed and are located in common areas such as lunch areas, MPRs, front offices, and priority locations identified by the staff.
CHILD NUTRITION

STUDENT MEALS FOR ON-CAMPUS AND DISTANCE LEARNING

Child Nutrition Services will provide breakfast and lunch to all students (at no cost) while they are on campus, as well as curb side grab & go meal services for online learning.

ON-CAMPUS MEAL SERVICE

BREAKFAST
Cold sack breakfast meals offered to all students arriving on campus.

LUNCH
Cold sack lunches delivered to classrooms prior to dismissal time.

DISTANCE LEARNING MEAL SERVICE

CURBSIDE GRAB & GO
Three days worth of frozen and refrigerated breakfast and lunch meals offered to families each week.

FALLBROOK VIRTUAL ACADEMY
Fallbrook Virtual Academy families will continue to receive meals for five days.
CHILD NUTRITION

ADDITIONAL PROTOCOLS FOR SAFE MEAL DISTRIBUTION

• Sites have assigned spaces for lunch (as needed) to ensure physical distancing in outdoor lunch areas.

• Students will be dismissed to go to lunch in a method to maintain physical distancing, as practicable.

• Students will wash or sanitize their hands prior to entering lunch area.

• Students will wash or sanitize their hands prior to re-entering classrooms.

• Touch-less hand sanitizing dispensers are located in lunch areas.

• Staggered times and locations for meal pickup have been created to avoid large groups.
Learn more about FUESD and our work to create a safe and healthy community at FUESD.org

Follow Us on Social Media

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