



Student Support Services, Student Wellness & School Culture

# Bully Proofing Workshop

Presented by Nikki Harrison of the Military Child Education Coalition – Camp Pendleton

The first line of defense against bullying is to build activities and discussions that create awareness and enhance resiliency.

This workshop helps bullyproof children/students by implementing the 7 C's of Resiliency. It also shares tips on creating Agents of Change and addresses bullying behaviors on bullyproofing children/students.

**Target audience:** Parents, guardians, and school staff. Please note you **DO NOT** have to be military connected to attend this workshop.

### PARTICIPANTS WILL LEARN:

- The 7 C's for Resiliency training to assist parents in bully proofing their children.
- How to promote the social skills, values, and behaviors that "bully proof" children.
- Specific tools and strategies for navigating this issue both at school and online.

**This training is in collaboration with Military Child Education Coalition.**



**MCEC**<sup>®</sup>  
Parent Support

Participants may be photographed for use in promotional and/or news materials.

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**Friday, November 5, 2021**  
**9:30 – 10:30 am**

**Register for Virtual Zoom training at:**

<http://sdcoe.k12oms.org/918-211922>

**OR**

**Wednesday, February 23, 2022**  
**9:30 – 10:30 am**

**Register for Virtual Zoom training at:**

<http://sdcoe.k12oms.org/918-211924>

**For registration information, contact:**

Amanda Holt @ (858) 298-2075 or [amanda.holt@sdcoe.net](mailto:amanda.holt@sdcoe.net)



In accordance with the Americans with Disabilities Act, if you need special accommodations to participate, please contact Amanda Holt (858) 298-2075 at least 48 hours in advance.