

## FOR WORK-RELATED INJURIES, PLEASE VISIT ONE OF OUR CORPORATE HEALTH SERVICES LOCATIONS:

### 1 ESCONDIDO

Monday – Friday: 8 a.m. – 5 p.m.  
(Last patient must be registered by 4:30 p.m.)

2125 Citracado Parkway, Suite 130, Escondido, CA 92029

☎ **760.510.7373**

\* Modified hours on some holidays



### AFTER HOURS URGENT CARE

Palomar Health Medical Group

### 2 RAMONA

211 13<sup>th</sup> Street  
Ramona, CA 92065

**760.789.5174**

Monday – Friday: 12 p.m. – 7 p.m.  
Saturday: 9 a.m. – 4 p.m.

\* Modified hours on some holidays

### 24-HOUR EMERGENCY CARE

### 3 ESCONDIDO

Palomar Medical Center  
Escondido  
Emergency Department  
2185 Citracado Parkway  
Escondido, CA 92029  
**442.281.4444**

### 4 POWAY

Palomar Medical Center  
Poway  
Emergency Department  
15615 Pomerado Road  
Poway, CA 92064  
**858.613.4000**

### After Hours and Weekends Life or Limb Threatening Emergencies: Call 9.1.1

**Note:** Substance abuse testing is NOT supported by the Emergency Department. Employees will need to be sent to Corporate Health the next business day for this service. If a Post Accident Drug Test or Breath Alcohol Test is needed after hours or on the weekend, we have a relationship with **Drug Testing Network (800.989.1206)** who will assist you.