

Supporting Student Wellness at Fallbrook Union Elementary

Children and Youth Behavioral Health Initiative (CYBHI)

At Fallbrook Union Elementary School District, we believe every child deserves to thrive. That's why we're committed to supporting the whole child — their social-emotional growth, physical health, and mental well-being — so students can succeed in school and beyond.

What is the Children and Youth Behavioral Health Initiative?

The Children and Youth Behavioral Health Initiative (CYBHI) Fee Schedule is a California state program through the Department of Health Care Services (DHCS) that allows public schools to seek reimbursement from health insurance plans (including Medi-Cal and private/commercial insurance) for certain wellness services already provided to students during the school day. This funding helps our school district sustain and expand student wellness support services at **no impact** to families.

NO costs, NO copays/deductibles/bills, and insurance coverage will NOT be affected.

Why are families being asked for insurance information and consent to bill?

Providing your child's insurance information simply allows the school district to bill the insurer (Medi-Cal or private/commercial insurance) to secure the funding needed to keep these services in place. Consent to Bill authorizes the school to bill your insurance for services rendered — it is not the same as Consent to Treat. A separate authorization is required before your child participates in any specific counseling services (i.e. individual/group counseling). If additional services are recommended, your child's school counseling team will contact you directly.

Example Services at Schools

- Classroom Social-Emotional Lessons
- Individual & group counseling/therapy
- Behavioral health screenings
- Screening & counseling for substance use
- Crisis Intervention & Risk Screenings
- Care Coordination & Case Management

How families will be contacted:

A secure link will be emailed to parents/guardians from “mail@practi-cal.com”.

Didn't receive the email link?

Call (760) 731-5423 or
Email: sgonzalez@fuesd.org



**SCAN TO UPDATE
Health Insurance &
Consent to Bill Records**

HAVE QUESTIONS?

Contact CYBHI Coordinator, Sally Gonzalez at (760) 731-5423
or email, sgonzalez@fuesd.org

