

Family & Caregiver FAQs

Children and Youth Behavioral Health Initiative (CYBHI)

What is CYBHI?

The Children and Youth Behavioral Health Initiative (CYBHI) is a California state program that allows public schools to seek reimbursement from health plans for certain eligible wellness and mental health services provided to students during the school day. This helps school districts sustain and expand student wellness support at no costs to families.

Why is Fallbrook Union Elementary asking for my child's insurance information and consent?

Fallbrook Union Elementary provides school-wide wellness, social-emotional learning, and mental health supports that help students build skills such as coping, emotional awareness, self-regulation, and healthy relationships.

If you provide your child's health insurance and consent, the District may submit a claim to your health plan only if your child receives a qualifying service under the state program.

What types of services may qualify?

Student support services are provided by school counselors, social workers, and district nurses. Examples of services that may qualify include:

- Classroom-based social-emotional learning and life skills lessons.
- Small group support focused on coping skills, peer relationships, behavioral health prevention, etc.
- Behavioral Health screenings or assessments, when appropriate.
- Short-term early intervention supports.
- Individual counseling/therapy.

Will I be billed?

No. There are: No costs to families, No co-pays, No deductibles, No out-of-pocket expenses. State law prohibits health plans from passing any costs to families for services covered under this program. (Welfare and Institutions Code Section 5961.4 and Health and Safety Code Section 1374.722)

Will this affect my child's insurance coverage?

No. Providing insurance information will not change or reduce your existing insurance benefits or access to outside care.

What happens if my child does not receive any qualifying services?

If your child does not receive an eligible service, no claim will be submitted to your health plan.

Do I have to participate?

No. Students can continue receiving school-based wellness and mental health support at no cost even if you choose not to provide insurance information or decline consent to bill. However, without this information, the District cannot access reimbursement that helps sustain these supports for all students.

How does this benefit students and schools?

- Reimbursement helps the District:
- Sustain school-based wellness services.
- Maintain student support services staff like school counselors, school social workers, and licensed clinicians.
- Expand prevention and early intervention programs.
- Reduce reliance on limited general education funds.

Who is TadHealth?

TadHealth is the District's secure electronic health records and claims management partner. They collect consent and insurance information in compliance with FERPA and HIPAA. Your information is used only for purposes allowed under state and federal law.

Is my information safe?

Yes. Information is collected through a secure portal and stored in compliance with FERPA (Family Educational Rights and Privacy Act) & HIPAA (Health Insurance Portability and Accountability Act). Insurance information is used only for submitting eligible claims or as otherwise permitted by law.

Only the minimum information necessary for billing is shared-such as child's name, date of birth, health insurance details, date of service, and billing code.

What if my child has an IEP or receives special education services?

Students with an Individualized Education Program (IEP) or Individualized Family Service Plan (IFSP) will continue to receive all services they are entitled to, regardless of whether insurance information is provided. Participation in the CYBHI program has no impact on your child's special education services or rights. However, if your child receives additional behavioral health support beyond what is outlined in their IEP or IFSP, those services may be eligible for reimbursement through the CYBHI program. We are requesting insurance and consent for all students.

What if my child does not have insurance?

Your child can still receive services at no cost. We encourage you to still complete the health insurance collection form and consent decision. If you need assistance or information on health insurance enrollment, please contact your school site school social worker.

How do I provide my child's insurance and consent?

Because parent response can vary, we collect insurance information and consent in the following two ways:

- Data Confirmation via AERIES parent portal.
- You will receive an email or text with a secure link from Fallbrook Union ESD (CYBHI), cybhi@fuesd.org

9. Who do I contact with questions about this program?

Please contact CYBHI coordinator/district social worker, Sally Gonzalez, via email or phone cybhi@fuesd.org; (760) 723-5423.

HAVE QUESTIONS?

Contact CYBHI Coordinator, Sally Gonzalez at (760) 731-5423 or email, cybhi@fuesd.org

